

ICF MASTERS CANOE SPRINT WORLD CHAMPIONSHIPS

# TERNOPIL '20

02 - 04 October 2020



# DEAR FRIENDS,

The Ukrainian Canoe Federation is honoured to invite you to participate in the 2020 ICF MASTERS CANOE SPRINT WORLD CHAMPIONSHIPS

<https://www.canoeicf.com/canoe-sprint-world-championships/ternopil-2020> . It is a great pleasure for us to host the best canoe-kayak members from all over the World.

This competition is a huge step forward to the development of multilateral relations, friendship and experience exchange.

We invite you to visit Ternopil.

You will be amazed by the magnificent landscapes and the unexpected beauty of Ternopil.

For centuries our town has been considered as a land of green ecology with a temperate climate. People all over Ukraine travel here in order to see more than 20 waterfalls, almost 100 caves and more than 34 medieval castles.

Welcome to Ternopil!



## ORGANISER:

UKRAINIAN CANOE FEDERATION

Contact person: Oksana Lemak

E-mail: [masters2020.org@gmail.com](mailto:masters2020.org@gmail.com)

Website:

<https://www.canoeicf.com/canoe-sprint-world-championships/ternopil-2020>

Venue: Ternopil Water Arena

Date: 02 - 04 October 2020



## LOCATION:

Ternopil is located 120 km west of Lviv, Ukraine. Ternopil is accessible on the H02, M19 highway. You can also reach Ternopil going by Intercity Train from Przemyśl (Poland).

Address: 46000, Ternopil  
GEO 49°34'37.2"N 25°33'46.7"E

Currency: UAH

*Ternopil Invites!*

*Ternopil ... Land which always fascinates and bestows all who is on visit here, something inexplicable and, unexpected, incredibly beautiful.*

*On the unique beauty of Ternopil region, its rich traditions and hospitable residents heard a long time.*

*Extreme, Green, regional, spiritual tourism, the cleanest environment in Ukraine, soft as the Mediterranean climate, 25 waterfalls, over 100 caves, one of the longest river canyon in Europe, 34 locks - and that's not all that this wonderful land is capable of.*

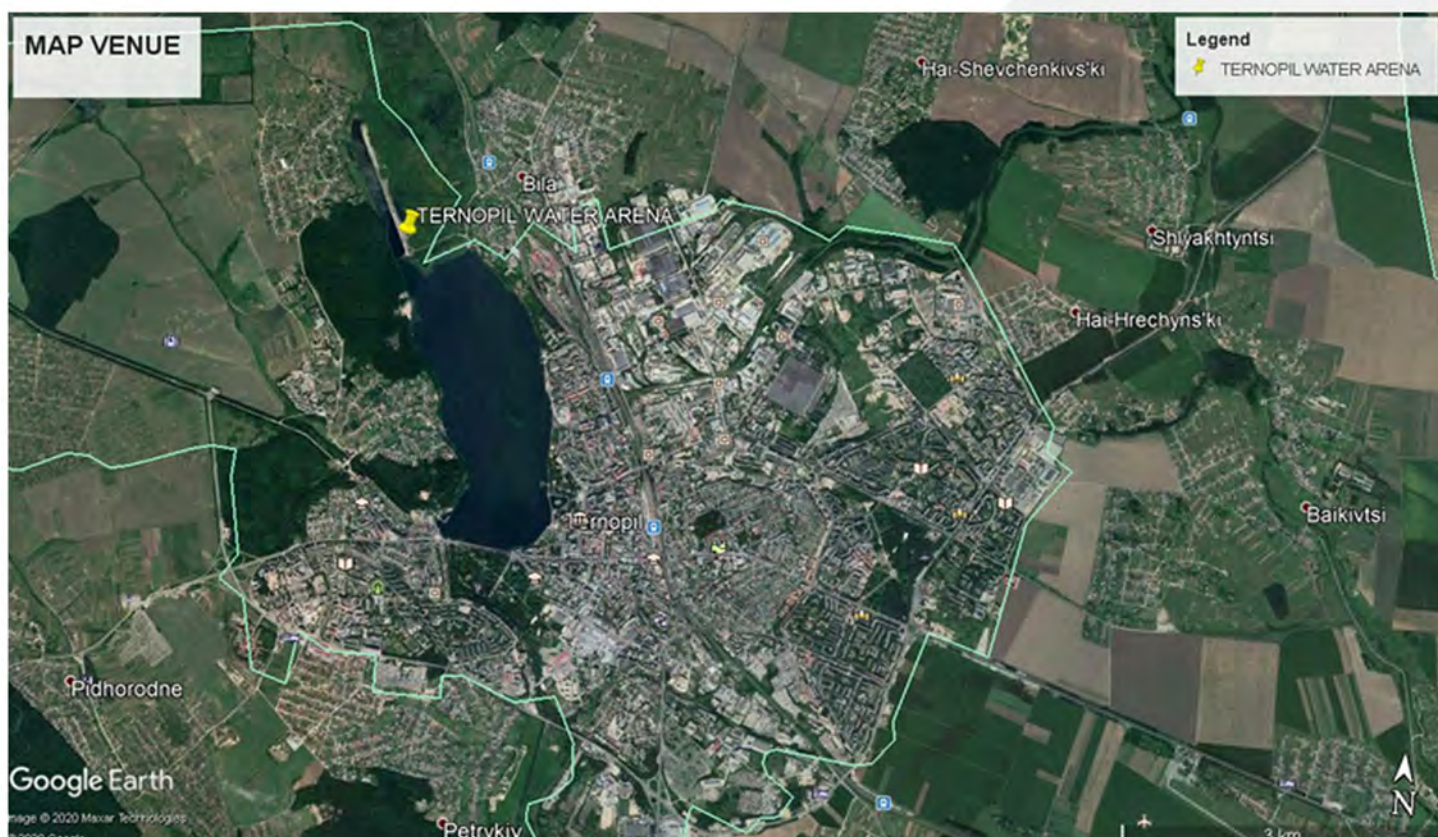


## COURSE:

The canoeing course in Ternopil is located in the western part of the Ternopil lake at the confluence of the river Seret.

The construction of a modern complex with a finish tower, stands for spectators with 1000 seats is being completed.

Dimensions - 1440 meters long and 120 meters wide



# COMPETITION PROGRAM

29 of September  
01 of October  
02 of October  
03 of October  
04 of October

Access period starts  
Technical/athletes meeting  
Competition day  
Competition day Banquet  
Competition day

## EVENTS

### **Women Canoe**

WC1 200m  
WC2 200m  
WC1 500m  
WC2 500m

### **Women Kayak**

WK1 200m  
WK2 200m  
WK1 500m  
WK2 500m  
WK4 500m

### **Men Canoe**

MC1 200m  
MC2 200m  
MC1 500m  
MC2 500m  
MC4 500m

### **Men Kayak**

MK1 200m  
MK2 200m  
MK1 500m  
MK2 500m  
MK4 500m

### **Mixed Canoe**

XC2 200m  
XC2 500m

### **Mixed Kayak**

XK2 200m  
XK2 500m  
XK4 500m

## Age groups:

### **Men Kayak    Women Kayak    Men Canoe    Women Canoe**

MK1 200m    WK1 200m    MC1 200m  
MK1 500m    WK1 500m    MC1 500m

35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+;

### **Men Kayak    Women Kayak    Men Canoe    Women Canoe**

MK2 200m    WK2 200m    MC2 200m  
MK2 500m    WK2 500m    MC2 500m

### **Mixed Kayak**

XK2 200m  
XK2 500m

35-44, 45-54, 55-64, 65+;

### **Men Kayak    Women Kayak    Men Canoe    Women Canoe**

MK4 500m    WK4 500m    MC4 500m    WC1 200m  
WC2 200m  
WC1 500m  
WC2 500m

### **Mixed Kayak**

XK4 500m

### **Mixed Canoe**

XC2 200m  
XC2 500m

35-54, 55+;

## COMPETITION RULES

The competition will be run in compliance with the effective ICF Canoe Sprint Competition Rules **and** specific rules by the Host Organising Committee (HOC).

- An athlete can compete in a masters event in the year that they reach the lower limit of the age group. The masters' age groups are defined by each discipline with a minimum age of 35 years.

- To enter in an event with a specified age group the athlete must produce documentary proof such as passport, identity card or similar document with a photograph, confirming the age of the athlete.

- Athletes in team boats can be from different countries.

- The Body Numbers can be collected at the Accreditation Office. They have to be worn during the whole duration of the competition.

## SPECIAL RULES

- In K2/C2 or K4/C4 events the **age of the youngest competitor** will determine the age group in which a crew can compete.

- For events with 3 or 2 entries, the last boat won't receive a medal.

- Events with only one entry won't be run.

- One competitor can compete in maximum of 5 events.



## DEADLINES

- HOTEL RESERVATION: until 3rd of September 2020
- BOAT RENTAL: until 3rd of September 2020
- FINAL TRAVEL INFO: until 17th of September 2020
- NOMINAL ENTRIES: until 17th of September 2020

## ENTRIES

Entries will be open from 1st August.

To enter online go to:

<https://planet.canoeicf.com/2020-ICF-masters-sprint-worlds-entry>

Each athlete should complete their own entry. Payment is required at the time of entry.

Athletes can indicate at the time of entry, or any time before the entries deadline, their partners/teammates in double (K2 or C2) and four (K4 or C4) person boats. Anyone who does not indicate a partner/teammate by the close of entries will be put into the general pool for random assignment.

For any issues with online entries please contact [entries@canoeicf.com](mailto:entries@canoeicf.com)

## **PARTICIPATION FEE**

The participation (entry) fee is 150 EUR per person for the whole competition. It should be paid during the online registration. Accepted method of payment is Credit Card. The entry system accepts most of the major Credit Cards. If there are any problems with the registration and Participation fee payments, please contact [entries@canoEICF.com](mailto:entries@canoEICF.com) for help.

Services included in the participation fee:

- Accreditation fee
- Usage of the regatta course and its facilities
- Compete in up to 5 events
- Lunch during the 3 competition days
- Banquet with a dinner
- T-Shirt
- Drinking water on the competition days
- Medals
- Shuttle service between the official hotels and the venue
- Medical care and lifeguards at the venue
- Security service at the venue
- Internet access
- Parking at the venue

## ATHLETE SERVICES

### **Boat Storage**

Boat racks will be provided for all athletes. For information about your racking area allocation please ask during accreditation or at the Information Centre.

### **Start Numbers**

Can be collected 1 hour before the race. Numbers must be returned back immediately when the race is finished.

### **Water**

Drinkable water will be available at several places on the athlete's area.

### **Shuttle bus service between official hotels and the venue**

There will be a bus shuttle service between the official hotels and the venue. Detailed schedule will be published at the Venue and at the official hotels.

### **Boat rental**

For boat rental please contact SPORTS CAMPS GROUP LTD at the following email [contact@sports-camps.net](mailto:contact@sports-camps.net)

## **CATERING**

We will offer a catering service for lunch at the venue. Lunches during the competition days are included in the Participation fee.

Lunches for the days before the competition 29-02 September-October can be pre-purchased. For the days 29th and 30th the lunch must be pre-purchased at least 48h in advance. For 01st and 02nd the lunch must be pre-purchased at least 24h in advance. The price for lunches during 29-02 September - October is 8€ per person per day.

## ACCOMMODATION

Reservation of accommodation in the official the official hotels can be made through the Organising Committee only. The reservations will be confirmed ONLY against 100% payment. Payment method is a bank transfer. For reservation of accommodation, please use the following email address [masters2020.org@gmail.com](mailto:masters2020.org@gmail.com) .

Exclusive hotels (4\*)

Single room – 47€

Double room – 43€

Standard hotels (3\*)

Single room – 37€

Double room – 32€

Economy hotels (2\*)

Single room – 27€

Double room – 23€

The prices above are per person/per day.  
Breakfast is included in all prices.

Please be aware, it is possible to stay at the campsite on the territory of the canoeing channel.

The HOC does not take any responsibility for any extra services of the hotels like mini bar, telephone, parking, laundry, etc. These costs are directly collected by the hotel.

## TERMS OF PAYMENT

Accommodation package fees are to be paid in full at the time of the booking. Accommodation booking after 2nd of September may not be accepted.

### **Cancellation policy:**

Notification before **2nd September 2020**: no cancellation fee

Notification from **2nd May to 14th September 2020**: 50% refund

Notification after **15th September 2020**: no refund

## TRANSPORT

We provide an airport transfer from Lviv airport to Ternopil for extra charge. A 40€ fee will be charged for a return trip Lviv Airport – Ternopil (official hotels or Accreditation office) – Lviv airport.

For booking your airport transfer, please contact the HOC and send your flight details to [masters2020.org@gmail.com](mailto:masters2020.org@gmail.com) . Booking will be accepted after received payment.

## COMPANY DETAILS

The payments for Accommodation and/or Airport transfer, please pay to the following bank account:

**Company name** – FCT Company address – UA 46001 Ternopil, Ostrozkogo str 3

**Name of the bank** – JSC CB «PRIVATBANK»

**IBAN** – UA213387830000026004055125922

**SWIFT** – PBANUA2X

**Bank address** – 1D Hrushevskoho str; Kyiv 01001; Ukraine

## VISA

All participants are kindly requested to contact the Ukraine Embassy or consulate in their respective countries (or the closest to you) in time regarding visa requirements. The difficulty of obtaining visa to Ukraine varies by regions, but you should calculate with a 45-day long issuing period to ensure the safe attainment of the visa.

[Any athlete who requires a visa assistance letter must have officially entered and paid through the online system.](#)

Please send the request to the organisation committee at [masters2020.org@gmail.com](mailto:masters2020.org@gmail.com) .

## PANDEMIC PRECAUTION

Foreigners can cross Ukrainian border if they have Ukrainian insurance called asystens, which covers the costs associated with treatment with COVID-19, observation, and is valid for the period of stay in Ukraine.

Foreigners also have to pass the COVID-19 testing. It will be possible to do testings here, it costs 33 Euro.

Persons crossing the borders do not have to undergo a mandatory 14-day quarantine in case of a negative result of testing for COVID-19 by a polymerase chain reaction, which was carried out after crossing the state border or no later than 48 hours before crossing.

The precautions will operate till the 31th of the August. We will keep you update on the changes and the situation.

## PANDEMIC PRECAUTION

### EVENT SITE PRECAUTIONS AND MEASURES

- a medical team will be present at the regatta course doing every-day checks.
- anyone showing possible symptoms will be placed in hospital quarantine by the local authorities.
- in the event of a confirmed COVID-19 case, public health officials will be doing contact tracing.

Please, consider that all identified contact persons will be quarantined, as well.

- availability to handwashing, alcohol-based hand gel and hygiene facilities at multiple locations
- regular disinfectant cleaning and good hygiene signage across all venues, changing rooms, training facilities, dining places
- venue cleaning staff will disinfect door handles, toilet handles, bathroom faucet handles, etc. in all areas several times per day
- only single use towels (paper towels) will be provided
- presence of first aid and medical services, including designated medical providers who are able to triage and refer suspected cases for COVID-19 testing throughout the duration of the event
- participants' temperatures will be checked each day, any temperatures above 38°C will be reported to the event medical lead and entrance will be refused
- suspected cases of team/officials, event staff, volunteers, support workers will be isolated
- medical masks will be ready for use by organizers' medical staff and sick individuals
- anyone participating as an external employee (cleaning staff, food handlers, drivers etc.) should wear a face mask
- the teams will be placed at a greater distance from each other than usual
- a separate part of the stands will be provided for the participants

## RECOMMENDATION TO THE EVENT PARTICIPANTS (ATHLETES, OFFICIALS) DURING THE EVENT

- Participants should be aware of and cooperate with team medical staff or event organising staff at venues in taking their own/or competitors' temperatures each day, any temperatures above 38°C to be reported to the event medical lead/chief medical officer. Follow the same approach as the management of ill travellers at points of entry (international airports, seaports, and ground crossings) in the context of COVID-19.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing. Practise respiratory etiquette (maintain distance: at least 1 m), cover coughs and sneezes with disposable tissues or flexed elbow, wash hands). If coughing persists, isolate, and seek medical advice.
- Wash hands often with soap and water, and use an alcohol-based hand sanitizer, especially before eating, after using lavatory, after coughing or sneezing and after touching often used surfaces (door handles, handrails, elevators, gym equipment, tables, chairs, pens etc.) Hand sanitizer stations will be available throughout the event venue.
- Participants should wear a face mask while travelling on shuttle buses and are asked to avoid public transport
- Avoid contact with sick people, including avoiding close contact with those suffering from acute respiratory infections.
- Athletes should not share clothing, bar soap or other personal items (including towels and bottles).
- Recommended protocol for the use of water bottles:
- Good team hygiene includes ensuring all players, officials and staff have their own water bottles to prevent the transmission of viruses and bacteria.
- Bottles should be labelled and washed (with dishwasher soap) after each practice or game.
- Advise athletes to avoid touching their own mouths or nose.
- Avoid shaking hands or hugging/gripping for the participants